



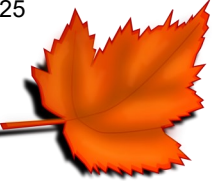




November 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Dr Verge will be here: Tuesday November 7th and 21st To be seen you must have your name down the MONDAY before.</p> 			<p>1 10:30am Movie 1:30pm Mother Goose Program 3:00pm Bowling</p>	<p>2 10:30am Just Breathe Yoga with Laura 2:00pm Golf</p>	<p>3 10:30am Exercise 2:00pm BINGO</p>	<p>4 </p>
<p>5 </p>	<p>6 10:30am Exercise 2:00pm Service with the Salvation Army</p>	<p>7 10:30am Grief Session in the chapel with Amelia 2:00pm Music with Joe and the Boys</p>	<p>8 10:00am Service with Rev Strong 2:00pm BINGO</p>	<p>9 10:30am Bean Bag Toss 2:00pm Music with Rosemary</p>	<p>10 10:30am Exercise 2:00pm Liturgy of the word in the chapel with Father Fleming</p>	<p>11 2:00pm Remembrance Day Tea and Music</p>
<p>12 2:00pm Hope Pentecostal (chapel) 3:00pm Music with the Prodicals</p>	<p>13 10:30am Exercise 1:30pm Nails</p>	<p>14 10:30am Shuffleboard 2:00pm _Service with All Saints</p>	<p>15 10:30am Rosary in the chapel 1:30pm Mother Goose Program 3:00pm Music with Friends</p>	<p>16 10:30am Resident Council Meeting 2:00pm BINGO</p>	<p>17 10:30am Exercise 2:00pm Music with Richard Woodrow 6:30pm Service with Hope Pentecost</p>	<p>18 2:00pm Music with Gospel 7</p>
<p>19 6:00pm Therapy Dog Visit </p>	<p>20 10:30am Exercise 2:00pm Music with the Rose's</p>	<p>21 10:30am Adult Coloring 3:00pm Floor Darts</p>	<p>22 1:30pm Mother Goose Program 3:00pm Bowling</p>	<p>23 10:30am Darts 2:00pm Music with Gus & Us</p>	<p>24 10:30am Exercise 2:00pm BINGO</p>	<p>25 </p>
<p>26 1:30-4:30pm Christmas Craft Fair (open to everyone)</p>	<p>27 10:30am Exercise 3:00pm Music Trivia Game</p>	<p>28 10:30am Service with Rev Strong 2:00pm BINGO</p>	<p>29 10:30am Bean Bag Toss 1:30pm Mother Goose Program 3:00pm Bowling</p>	<p>30 10:30am Just breathe with Laura 2-4pm Winter Carnival with Academy Canada Students</p>	