







August 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:30am Shuffleboard 2:00pm Gospel Music	2 Family Fun Day 2-4pm Everyone welcome Music, games, refreshments, door prize and much more!	3 10:30am Bean Bag Toss 2:00pm Washer Toss	4 10:30am Exercise 2:00pm Darts	5 2:00pm BINGO
6	7 10:30am Exercise 2:00pm Washer Toss	8 10:30am Game Show Games 2:00pm Tower Bean Bag Toss	9 10:30am Adult Coloring 2:00pm Group Walk around the building	10 10:30am Just breathe yoga with Laura 2:00pm Ladderball	11 10:30am Exercise 2:00pm Liturgy of the word and holy communion with Father Flemming in the chapel	12 2:00pm BINGO
13 	14 10:30am Exercise 2:00pm Group Card Game	15 10:30am Bowling 1:30pm Nails in the rec room	16 2:00pm BINGO 3:30pm Grief and Brevement Session in the chapel 6-7:30pm Car show in the parking lot	17 10:30am Summer Craft 2:00pm Music with Friends	18 10:30am Exercise 2:00pm Music with Jacki	19 2:00pm Music with Gospel 7
20 3:00pm Music with the prodicals	21 10:30am Exercise 2:00pm Group Walk Around the building	22 10:30am Bowling 2:30pm Ice Cream Treats	23 10:30am Purple 2:00pm Rocks and Rings	24 10:30am Just breathe Yoga with Laura 2:00pm BINGO 6:45pm Music with Overpass	25 10:30am Exercise 2:00pm Sock Hop Party	26 
27 	28 10:30am Exercise 2:00pm Music with Rosemary	29 10:30am Craft 2:00pm Tea Party	30 10:30am Group walk around the building 2:00pm BINGO	31 10:30am Darts 2:00pm Music with Richard Woodrow	Dr Verge will be here Tuesday Aug 1st, 15th and 29th To be seen you must have your name down the MONDAY before by 12pm	