






February 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1 10:30am Cornhole Toss 1:30pm Mother Goose Program 3:00pm Bowling	2 10:30am Adult Coloring 1-3pm Massages with Academy Canada 6:30pm Music with Pete McEvoy	3 10:30am Exercise 2:00pm Music with Jacki	4 3:00pm Music with Miss May I	
5 2:00pm Prayer group in the chapel	6 10:30am Exercise 2:00pm Service with the Salvation Army	7 10:30am Shuffleboard 2:00pm Music with Joe & the Boys	8 10:30am Tower Bean Bag Toss 1:30pm Mother Goose 3:00pm Chocolate Fondue Treat	9 10:30am Just Breathe & Yoga with Laura 2:00pm Country Gospel Music 6:30pm Girl Guide Visits	10 10:30am Exercise 2:00pm Music with Friends	11 10:30am Bible Study Group in the chapel 2:00pm BINGO	
12 3:00pm Music with the Prodicals	13 10:00am Makeup & Nails for Valentines Day 2:00pm Winterfest BINGO	14 10:30am Shuffleboard 2:00pm Service with All Saints Parish	15 10:30am Zumba Exercise 1:30pm Mother Goose 3:00pm Washer Toss	16 10:30am Rocks & Rings 2:00pm Music with the Rose's	17 10:30am Act of Kindness Craft 2:00pm Music with Richard Woodrow 6:30pm Service with Hope Pentecost	18 2:00pm Music with Pat & Snowden	
19 2:00pm Prayer group in the chapel 6:30pm Visit from the Therapy Dogs	20 10:30am Exercise 2:00pm Service with Rev Kathy 6:30pm Music with Living Waters	21 10:30am Darts 2:00pm Tower Bean Bag Toss	22 10:30am Basketball Toss 1:30pm Mother Goose 3:00pm Floor Darts	23 10:30am Just breathe & Yoga with Laura 2:00pm BINGO 6:30pm Social Tea & Board Games with the Scouts	24 10:30am Exercise 2:00pm Ball Toss	25 2:00pm Music with Gospel 7	
26 2:00pm Game with volunteers	27 10:30am Exercise 2:00pm Group Card Game	28 10:30am Service with Rev Strong 2:30pm Afternoon Tea & Cookie	<p>Dr Verge will be here: Tuesday February 14th & 28th To be seen you must have your name down the MONDAY before</p>				