



October 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dr. Verge will be here: Tuesday, October 6th & Tuesday, October 20th Please remember to be seen you must have your name down by 12:00pm the Monday before Doctor Day!				1 <u>10:45 am</u> Just Breathe with Laura <u>2:00 pm</u> Washers	2 <u>10:45 am</u> Exercise <u>2:00 pm</u> Shuffleboard	3 <u>2:00 pm</u> Bingo
4	5 <u>10:45 am</u> Exercise <u>2:00 pm</u> Salvation Army	6 <u>10:45 am</u> Floor Darts <u>2:00 pm</u> Music with George Bishop	7 <u>10:45 am</u> Bucket Ball <u>3:00 pm</u> Bowling	8 <u>10:45 am</u> Ring Toss <u>2:00 pm</u> Music with The Roses	9 <u>10:45 am</u> Exercise <u>2:00 pm</u> RC Liturgy of the word, Rev. Flemming St. Edwards	10
11 <u>2:00 pm</u> Prayer group in The Chapel Hope Pentecost	12 <u>10:45 am</u> Exercise <u>2:00 pm</u> Music with Friends	13 <u>10:45 am</u> Bullseye Bounce <u>2:00 pm</u> Service with all Saints Church	14 <u>10:00 am</u> Resident Council Meeting <u>2:00 pm</u> Music With Avalonia	15 <u>10:45 am</u> Just Breathe with Laura <u>2:00 pm</u> Music with Rev. & Jerry	16 <u>10:45 am</u> Exercise <u>2:00 pm</u> Craft <u>6:30 pm</u> Service with Hope Pentecost	17
18	19 <u>9:30 am</u> Mother Goose Time <u>10:45 am</u> Exercise <u>2:00 pm</u> Music with Brian Finn	20 <u>10:30 am</u> Service with Rev. Kathy <u>2:00 pm</u> Bean Bag Tower Toss	21 <u>10:45 am</u> Ladder Ball <u>2:00 pm</u> Music with Doreen and Bob	22 <u>10:45 am</u> Axe Throwing <u>2:00 pm</u> Rocks and Rings	23 <u>10:45 am</u> Exercise <u>2:00 pm</u> Tea Party wear Orange & Black	24 <u>1:30 pm</u> Pumpkin Carving
25 <u>2:00 pm</u> Prayer group in The Chapel Hope Pentecost	26 <u>9:30 am</u> Mother Goose Time <u>10:45 am</u> Exercise <u>2:00 pm</u> The Sunshine Singers	27 <u>10:30 am</u> Service with Rev. Strong St. Peter's Anglican Church <u>2:00 pm</u> Chair Dancing with Ms. Kelly	28 <u>10:45 am</u> Mini Basketball <u>1:30 pm</u> Nails	29 <u>10:45 am</u> Just Breathe with Laura <u>1:30 pm</u> Cornhole	30 <u>10:45 am</u> Halloween Parade <u>2:00 pm</u> Halloween Party Music with Joe & The Boys	31  <u>2:00 pm</u> Gospel 7